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Palm Kernel Shell-Derived Nanoporous Carbon Materials: A Review on Preparation, Modification and Application

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Nanoporous carbon materials derived from the palm kernel shell is a type of carbon materials with improved properties attuned for the applications in plethora of sophisticated technology in the world today. They are generally prepared by methods involving carbonization and activation steps and can be tailored to possess targeted properties based on their intended use. Nanoporous carbon materials have been applied in the water treatment, adsorption of gases, solar cells, energy storage and medicine. This mini review gives a summary of preparations, characterizations and modifications of nanoporous carbon materials. The applications of nanoporous carbon materials in environmental remediation and water treatment, adsorption of gases, energy storage and batteries, and sensors were also elaborated. This review gives a basis for the importance of the materials in meeting global challenges in environment, clean water, medicine, and energy thus provides motivation for comprehensive studies into the synthesis of functional nanoporous carbon materials and its application.

Keywords: Nanoporous carbon; Palm kernel shell; Highly porous carbon; Ecofriendly adsorbent; Functional nanomaterial.

1. Introduction

Carbon is a captivating element in various field due to its ability to form bonds with numerous different elements to form stable covalent compound. Under ideal circumstances, carbon is weakly reactive in comparison to many other elements. It is resistant to oxidation and does not react at high temperature and pressure with sulfuric acid, hydrochloric acid, chlorine, or any alkali metal. With addition of heat from high temperature, carbon will react with oxygen to form carbon dioxides while reaction with metals will form metal carbides. Carbon has a large and flexible electronic structure, making it essential for improving carbon skeleton-based chemistry (Jirimali *et al.*, 2022). Carbon is the main element in several valuable materials such as diamond, graphite, fullerene, charcoal, and amorphous carbon that can be found in a wide variety and can exist in many forms such as nanoporous carbon, carbon aerogels, carbon nanotubes, carbon nanofiber, biochar and graphene (Hamad and Idrus, 2022). A recent research investigation looked at the scientific production of carbon based materials over the last 25 years, revealing numerous publications on the

seven carbon base materials: activated carbon, graphite, graphene, carbon nanotubes, fullerenes, carbon fibers, and carbon black; highlighting clearly an increase in the contributions related to carbon nanotubes, graphene, carbon fibers and activated carbon (Gonzalez-Garcia, 2018). The adsorption efficiency of carbon base material determines the quality of its adsorbent, that is, surface area, pore structure, carbon particle size, surface acidity, and functionality of the adsorbent are considered to be the most critical factors that can affect adsorbate adsorption (Zhang *et al.*, 2016).

Continuous search for alternative ecofriendly adsorbent source becomes imperative. Nanoporous carbon (NC) material is one of the adsorbent that can be found in our environment from agricultural waste (Baby and Hussein 2020; Rouzitalab *et al.* 2018), biomass (Fernandes *et al.*, 2020; Nda-Umar *et al.*, 2020), biowaste (Wong *et al.*, 2018; Mashhadi *et al.*, 2016), food waste, (Peng *et al.*, 2016), coal (Ambika *et al.*, 2022; Bolan *et al.*, 2022), polymer (Memetova *et al.*, 2022b; Prasetyo *et al.*, 2017) and wood (Dehghani *et al.*, 2020; Kazemi *et al.*, 2016).

Nanoporous carbon is a carbon rich material with a solid amorphous structure which has been activated and as a result possessed a highly porous surface with numerous functional groups such as carboxylic acids, phenols, carbonyls, and lactones (Benedetti *et al.*, 2018). NC materials are strongly heterogeneous with larger surface area. The different pores character and chemical nature of their surface have made them an excellent adsorbent (Elinge *et al.*, 2011). Furthermore, the morphology of pores is important in determining the form and framework of a material along its width and volume. The IUPAC implies characterizing pores based on their size. Their pores' structure are micropores with widths smaller than 2 nm, mesopores with widths between 2 to 50 nm and macropores with widths greater than 50 nm (Choma and Jaroniec 2006; Mestre and Carvalho 2018). Nitrogen adsorption-desorption data were used to classify pores, with each pore size range corresponding to a different pore filling mechanism revealed by the isotherm profile (Memetova *et al.*, 2022b). The physisorption process is divided into three stages: monolayer adsorption in which all adsorbate molecules come into contact with the adsorbent's surface, successive adsorbate layers (multilayer adsorption), and capillary condensation (Thommes *et al.*, 2015). NC (active carbon, active carbon fibre and ordered mesoporous) are one of the best materials that can be turned or tailored in various application due to its large pore volume as adsorbent (Ania *et al.*, 2020) mounting to 99% of the world market application ("Activated Carbon — Market Report — Roskill" n.d.).

One of the uniqueness of nanoporous carbon materials are low cost of production and pore development (Rodriguez-Reinoso, 1989), specific porosity (Jaroniec and Choma, 2021), surface area and adsorption in the pores structure (Dubinin 1966). Such structures have increasingly been studied because of their improved performances in a wide range of applications. Some outstanding properties of these carbon materials include absorption properties, chemical and thermal stability, as well as strong electrical conductivity and catalytic activity. Owing to these characteristics, nanoporous carbon materials is very attractive for various applications including environmental remediation, biofiltration, water treatment, gas separation, optoelectronics, energy storage systems and catalysis (Young *et al.*, 2018). Henceforth, this review is thus aimed at examining the properties of PKS, some natural sources, methods of preparations, characterizations and potential applications of NC derived from PKS.

2. Palm kernel shell as Nanoporous carbon precursor

Oil palm originated in west Africa, where Nigeria was the leading producer from 1901 to 1977, when

Malaysia took over the industry after years of intensive research and improvement of seedlings from the west African country. Malaysia (25%) and Indonesia (59%) currently dominate global total palm oil production, accounting for 85% of global palm oil plantation (Sundalian *et al.*, 2021; Obuka *et al.*, 2018).

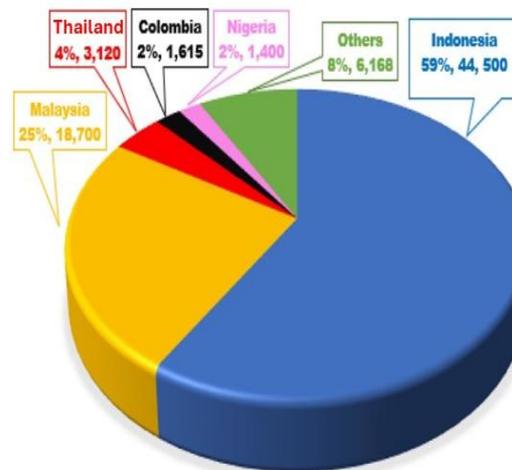


Figure 1: Worlds producers of palm oil in thousand metric tonnes in 2021/2022

Figure 1 illustrates the top palm oil producing countries in 2021/2022, with Malaysia alone producing 100 million tonnes of palm waste per year, with a 5% annual growth projection (Shahbandeh, 2022). Palm kernel shell is the hard covering of the palm kernel that is left over after extracting palm oil from the mesocarp and removing the kernel nut. High volumes of palm kernel shells (PKS) waste are generated as a result of the processing of palm oil from palm fruits, which require utilization for a variety of applications, particularly due to their perceived low carbon content (Uchegbulam *et al.*, 2022).

Palm kernel shell (PKS) is one of the agricultural wastes that was obtained from oil palm production, which recently being used as precursor (Table 1) to prepare NC for various applications. Researchers are very concerned about the efforts to investigate the potential for a comparable low-cost nanoporous carbon from a low-cost raw material. Palm Kernel Shells are among the agricultural residues that has received a lot of attention. PKS is abundant as a byproduct of palm oil mills in Indonesia, Singapore and Malaysia. This biomass by-product is characterised as a potential low-cost, high mechanical strength, porous surface, high chemical stability, different functional groups, and insolubility in water material that is also environmentally friendly (Asnawi *et al.*, 2019; Hambali and Rivai, 2017; Rashidi and Yusup, 2019).

Table 1: Some sources of nanoporous carbon materials derived from palm kernel shell with their BET surface area reported in literature

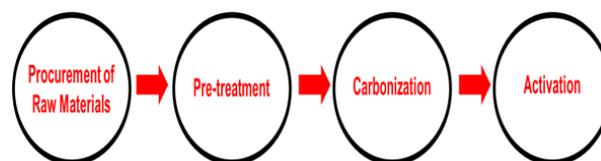
Nanoporous Carbon Materials Sources	BET Surface Area (m ² g ⁻¹)	References
Palm kernel shell	1099	Baby and Hussein, 2020
Palm kernel shell	700	Ooi <i>et al.</i> , 2019
Palm kernel shell	1324	Nasir <i>et al.</i> , 2018
Palm kernel shell	367	Rashidi <i>et al.</i> , 2021
Palm kernel shell	700	Baby <i>et al.</i> , 2021
Palm kernel shell	1865	Lin <i>et al.</i> , 2020
Palm kernel shell	1298	Yeboah <i>et al.</i> 2021
Palm kernel shell	1559	Pam <i>et al.</i> , 2018
Palm kernel shell	750	Liew <i>et al.</i> , 2018
Palm kernel shell	711	To <i>et al.</i> , 2017
Palm kernel shell	570	Yek <i>et al.</i> , 2019
Palm kernel shell	803	Prasetyo <i>et al.</i> , 2020
Palm kernel shell	923	Ukanwa <i>et al.</i> , 2020
Palm kernel shell	1223	Hidayu and Muda, 2016
Palm kernel shell	1086	Panneerselvam <i>et al.</i> , 2012
Palm kernel shell	1366	Guo and Lua, 2003
Palm kernel shell	1109	Lim <i>et al.</i> , 2010
Palm kernel shell	1014	Guo <i>et al.</i> , 2005
Palm kernel shell	2247	Hamad <i>et al.</i> , 2010
Palm kernel shell	1059, 1083, 1004, 1040	Isokise <i>et al.</i> , 2021
Palm kernel shell	1267	Pam <i>et al.</i> , 2021
Palm kernel shell	1413	Pam, 2019
Palm kernel shell	1800	Lin <i>et al.</i> , 2020
Palm kernel shell	700	Nicholas <i>et al.</i> , 2020
Palm kernel shell	934	Ipeaiyeda <i>et al.</i> , 2020
Palm kernel shell	903	Murillo <i>et al.</i> , 2020
Palm kernel shell	1257	Atunwa <i>et al.</i> , 2022
Palm kernel shell	870	Zaini <i>et al.</i> , 2023
Palm kernel shell	3368	Abdullah <i>et al.</i> , 2021

PKS is the shell fractions left over after the nut has been removed in the Palm Oil mill. Kernel shells are a fibrous material that can be handled in bulk from the manufacturing line to the end user. Proper management of such cheap and abundant raw materials to produce valuable materials is of great importance. While different kinds of precursors have been utilized for NC production, low-cost production of NC is still a challenging problem. Therefore, the utilization of PKS for the production of NC can provide a better option with low-cost synthetic routes. PKS is derived from the processing of oil palm nuts. Commonly, a major part of PKS is burnt directly in boilers of palm oil mills generating steam and electricity for the milling process. PKS is a renewable waste and lignocellulosic biomass, which consists of 22% cellulose, 22% hemicellulose and 42% lignin with small fractions of nonstructural components such as extractives and ash. The

inorganic components are mainly constituted of silica (Babinszki *et al.*, 2021). Cellulose is known to produce a higher fraction of non-aromatic chars before conversion into condensed aromatic chars with a higher surface area than lignin-derived char. Lawal *et al.* (2021) compared the structural properties of NC derived from commercial cellulose (100% cellulose), oil palm frond (39.5% cellulose), and palm kernel shell (20.5% cellulose). Their findings showed that the higher cellulose content will produce higher external surface area, larger total pore volume, and wider average pore size. Besides that, some studies utilized PKS as a starting material due to its high mechanical strength, high chemical stability, various functional groups, and hydrophobic (Rashidi and Yusup 2019). Corroborating this claim, Deng *et al.* (2015) confirmed the presence of a lower percentage of micropores in cellulose-derived biochar – 80% for cellulose biochar and 87% for lignin biochar – suggesting that lignin predominantly produces microporous biochar.

3. Preparation of Nanoporous carbon derived from PKS

Various carbon precursors can be used to synthesize nanoporous carbon with various porous structures, functional groups, and morphologies. Furthermore, the nature, chemical composition, and structure of the precursors are important in controlling the structure and properties of the NC (Singh *et al.*, 2021). However, because these carbon-based precursors have a high surface area and numerous binding sites on the surface (Zhu *et al.*, 2017), converting PKS precursors into nanoporous carbons is an interesting approach in facilitating adsorption-based applications in the removal of contaminants (Zaini *et al.*, 2023). The general process for preparation of NC is shown in Figure 2, which involves, raw materials procurement, pre-treatment, carbonization and activation. The preparation of NC utilizing PKS as the precursor material with different methods of carbonization temperature, time and activating agent (H₃PO₄) as shown in Table 2.

**Figure 2:** General flow diagram for the preparation of nanoporous carbon

3.1. Pre-treatment

Pre-treatment is majorly aimed at (i) removing dirt by washing (ii) drying to remove free moistures, which may affect the next steps (iii) milling/crushing and sieving to obtain powder or granules of specific dimensions and (iv) reduction of the inorganic content by acid washing and pre-oxidation to

prevent fluidization of coking coal during carbonization. Pre-treatment might also be aimed at targeting a specific particle size or shape (Sadeek *et al.*, 2020; Mestre and Carvalho 2018).

3.2. Carbonization

Carbonization is a pre-activation step that involves heating raw lignocellulosic to increase carbon content of which moisture, low molecular weight volatiles, aromatics, and ultimately hydrogen gas are released (Gonzalez *et al.*, 2013). Nowadays, several techniques are introduced to produce a high-quality nanoporous carbon such as pyrolysis (occurs at high temperatures in an inert or limited oxygen environment) and hydrothermal carbonization (HTC) (a thermochemical process that converts biomass to carbonaceous materials) (Manasa *et al.*, 2022). The pyrolysis and gasification involve carbonization of materials to produce an activated carbon at elevated temperature of 300–650 °C and 600–1200 °C in an inert atmosphere (Cha *et al.*, 2016). However, the biochar produced by pyrolysis of biomass is porous, while activation increases pore volume and specific surface area (Zhai *et al.*, 2011). Choi *et al.* (2015) reported that palm kernel shells (PKS) were pyrolyzed in a fluidized bed reactor at temperatures ranging from 479 to 555 °C to produce nanoporous carbon. Similar alternative precursor has been used to produce nanoporous carbon using pyrolysis mixed with potassium hydroxide (Kaewtrakulchai *et al.*, 2020) On the contrary, the HTC process requires a lower temperature on the range of 200–350 °C. However, the HTC process involves sub-merging materials in water and is heated in a sealed system under auto-generated inner pressure where water-soluble components and 'hydro char,' a carbon-rich hydrophilic solid, are formed (You *et al.*, 2019). Jha and colleagues reported that hydrothermal carbonization is an alternative auspicious thermochemical process that can transform biomass into nanoporous carbon in an economically and environmentally friendly manner, with few requirements in terms of biomass preparation and treatment, and no pre-drying required for wet waste as in other thermal treatment processes, making it an economically appealing alternative (Jha *et al.*, 2021). Carbonization parameters have a significant impact on the process and the quality of the final products; therefore, careful parameter selection is critical (Dhyani and Bhaskar, 2018). The carbonization temperature is critical because it has the greatest impact on the process, followed by the heating rate of reactions, the amount of inert gas and its flow rate, and finally the carbonization residence or holding time. In general, as the temperature rises, more volatile species are released, as is the fixed carbon and ash content. This, however, reduces the biochar yield (González-García, 2018). The lower yield is thought to be caused by the primary decomposition (devolatilization) of biomass at high temperatures,

as well as the secondary decomposition (cracking) of biochar residue. However, higher temperatures produce higher-quality biochar as a result (Reza *et al.*, 2020).

Many methods have been used to synthesize nanoporous carbon of various special, tunable, and pore sizes, with hydrothermal carbonization being one of the most convenient ways to transform material into carbonaceous nanostructures with good porosity, low cost, availability, more environmentally friendly, high thermal stability, and ease of functionalization (Mao *et al.*, 2018; Wang *et al.*, 2019). However, drug delivery, organic pollutant adsorption, energy storage can be achieved through well-developed nanoporous carbon. Furthermore, numerous papers on the synthesis of nanoporous carbon have been published through hydrothermal carbonization such as durian peel (Sithisantikul *et al.*, 2020), Argy-wormwood (Dai *et al.*, 2018), waste resources (Joseph *et al.*, 2020), horse manure (Pasee *et al.*, 2019), olive milling by-product (Azzaz *et al.*, 2020), water hyacinth (Sukulbrahman *et al.*, 2022).

3.3. Activation

Carbon activation begins with the removal of tarry substances in order to remove deposited tars that cause pore blockage and to aid in the activating agent's later reaction with biochar (Yahya *et al.*, 2015). The aim of activation process is to increase and enhance the porous network, pore volume, pore diameter and surface area for adsorptive capacity of the carbonized materials which is classified into two such as physical and chemical activation (Senthil and Lee, 2021). The activation process is affected by particle size, retention time, impregnation ratio, procedure configuration, activation period, precursor properties, and chemical substances. However, activation of nanoporous carbon can be done either by chemical, physical or physicochemical methods. Steam, CO₂, N₂ or mixture of both are used in physical activation, while acid, base, metal oxide and alkaline metal are used in chemical activation. Among these two methods, chemical activation provides more advantages than physical activation because the operation can be done at lower temperature, rapid, and low cost (Pam *et al.*, 2021).

Physical activation is a two-step process in which biomass is first pre-treated at a suitable temperature (400 – 450° C) in an inert atmosphere before being carbonized at high temperatures using either air (600 °C), steam, or CO₂ to enhanced the specific surface area of the carbonized materials (Durga *et al.*, 2022; Shaker *et al.*, 2021; Abioye *et al.*, 2015; Bergna *et al.*, 2018). Carbon dioxide has been widely used because it is clean, easy to handle, and the activation process can be easily controlled at temperatures around 800 °C due to its slow reaction rate and moreover, greater pore uniformity and superior quality of high porous surface area can also

be achieved with CO₂ activation when compared to steam activation (Naji and Tye, 2022). The advantages associated with physical activation methods over chemicals activation include their simplicity, lower activation cost and the absence of chemical in the production of microporous structures (Muhammad *et al.*, 2022; Pallarez *et al.*, 2018). Physical activation, on the other hand, is time and energy consuming, and because of the high temperature required during the activation, the nanoporous carbon produced through this method is scarce in some characteristics, making it unsuitable as a catalyst or adsorbent (Tadda *et al.*, 2016; Yahya *et al.*, 2015).

Chemical activation is the most commonly method for the preparation of nanoporous carbon, because it is of superior quality with minimal energy and time conditions, high porosity, large surface area, and high material yield (Durga *et al.*, 2022; He *et al.*, 2021; Lozano-Castello *et al.*, 2007). This method is commonly used for cellulose-rich raw materials such as palm kernel shell where it's impregnated or mixed with chemical agents such as acids, bases, or salts for chemical activation. The impregnated mixture is then activated and carbonized in a single step at a low temperature (400 °C to 800 °C) to produce nanoporous carbon with appropriate porosity (Joseph *et al.*, 2020; Gan, 2021). The precursor under controlled activating agent ratio, temperature, time are considered during the impregnation processes with ZnCl₂, KCO₃, KOH, H₃PO₄, NaOH, HNO₃, H₂SO₄, K₂CO₃, Na₂CO₃, Na₂S₂O₃ as chemical agent (Demir and Doguscu, 2022; Togibasa *et al.*, 2021; Herou *et al.*, 2020; Sulyman *et al.*, 2017; Hesas *et al.*, 2013), as they are used in aiding the development of the nanoporous carbon material pores structure. H₃PO₄ and ZnCl₂ are the most commonly used chemical activating agents due to lower environmental and toxicological challenge as well as enhances the material structure of the prepared porous material (Isokise *et al.*, 2021). Phosphoric acid (H₃PO₄) impregnation treatment has several advantages leading to pore size distribution, high yield, low activating time, low temperature and one heating step (Memetova *et al.*, 2022a; Zhang and Shen, 2019; Ceyhan *et al.*, 2013). Detailed research has shown H₃PO₄ chemical activation for nanoporous carbon production derived from PKS and other precursor source in Table 2 and Table 3, respectively. With increasing temperature, the structure of the phosphorous compound changes in the PKS-H₃PO₄ treatment. At lower temperature between 100 – 400° C, H₃PO₄ act as a catalyst, making the release of CO₂ and absorbed water as a result of dehydration. Furthermore, from 400 – 700° C, the phosphor compound transformed to P₄O₁₀, which acted as an oxidant, reacted with carbon forming new pores and the released of CO₂ and H₂O (Li *et al.*, 2015; Arami-Niya *et al.*, 2011).

4. Factors affecting the Nanoporous carbon preparation

Irrespective of whether carbon materials are used, one of the most important aspects of their production is the development of porosity. The development of material porosity of the nanoporous carbon is determined by the activation process, which includes temperature, time, activating agent, and precursor sources. These variables influence the rate of activation and the formation of pore structures in nanoporous carbon.

4.1. Effect of activating temperature

The activation temperature influences both the process rate and the porous structure of the final nanoporous carbon material. The activation rate of most chemical reactions increases as the temperature increases. As a result of the low temperatures, the rate of chemical reaction between carbon and the oxidizing agent is slow, limiting the overall process, resulting in a homogeneous product with uniform pore distribution across the granule volume. At high temperatures, the rate of the chemical reaction increases, and the process is limited by oxidant diffusion into the granule (Memetova *et al.*, 2022a). To investigate the relationship between the carbon material properties and the activation temperature, Kwon *et al.* (2015), investigated the effect of increasing the activation temperature (600 - 900 °C) on the physical properties of the material. They arrived at the conclusion that increasing the activation temperature increases the surface area of the resulting nanoporous carbon material. The preferable activation temperature in the preparation of nanoporous carbon when using alkaline base activating agent is within the range of 450-850 °C, but at higher activation temperatures above 900 °C, the carbon material quality deteriorates significantly. Redondo *et al.* (2015) investigated KOH activation at temperatures ranging from 700 to 1000 °C. At 700-800 °C, they discovered nanoporous carbon with a narrow pore distribution. However, increasing the activation temperature to 1000 °C contribute the emergence of greater nanopores and mesopores as a result in the changes of the pore size distribution (Li *et al.*, 2017), while Han *et al.*, reported an increase of specific surface area from 813 – 1381 m²/g as the activating temperature increases from 500 – 800° C (Han *et al.*, 2019). On the contrary, the optimal temperature for the activation of nanoporous carbon using acidic activating agents (particularly H₃PO₄) is between 400 and 600 °C, with highly developed porosity represented by both micro and mesopores as shown in Table 2.2. Yakout and El-Deen, 2016 and Li *et al.*, 2015, reported an increase in specific surface area and pore volume as a result of heating to 500° C (Yakout and El-Deen, 2016; Li *et al.*, 2015). Conversely, it was reported that, activating agent (H₃PO₄) can lead to the

development of narrow micropore size nanoporous carbon materials in a two-step activation (Hu *et al.*, 2021). Moulefera and Co, described the textural effect of the surface of a nanoporous carbon synthesized in two steps with phosphoric acid. The

result revealed the development of highly specific surface area nanoporous carbon with 1937 m²/g and 0.89 cm³/g micropore volume which indicates the availability of available micropores (Moulefera *et al.*, 2020).

Table 2 Prepared nanoporous carbon from palm kernel shell-based carbon materials reported in literature

Precursor	Activating agent	Temp (°C)	Time (hr)	BET (m ² /g)	Reference
PKS	H ₃ PO ₄	500	2	700	Nicholas <i>et al.</i> , 2020
PKS	H ₃ PO ₄ /DES	600	2	1413	Pam, 2019
PKS	H ₃ PO ₄	900	3	1324	Nasir <i>et al.</i> , 2018
PKS	H ₃ PO ₄	600	1	456	Lee <i>et al.</i> , 2018
PKS	H ₃ PO ₄	500	2	1099	Baby <i>et al.</i> , 2021
PKS	H ₃ PO ₄	500	1	934	Ipeaiyeda <i>et al.</i> , 2020
PKS	H ₃ PO ₄	600	2	1366	Guo and Lua, 2003
PKS	H ₃ PO ₄	500	1	1680	Ulfah <i>et al.</i> , 2016
PKS	H ₃ PO ₄	450	2	903	Murillo <i>et al.</i> , 2020
PKS	H ₃ PO ₄	500	2	1257	Atunwa <i>et al.</i> , 2022
PKS	H ₃ PO ₄	600	1	1559	Pam <i>et al.</i> , 2018
PKS	H ₃ PO ₄	450	2	1653	Arami-Niya <i>et al.</i> , 2011

DES = Choline chloride/urea

Table 3 Prepared nanoporous carbon from other source precursor reported in literature

Precursor	Activating agent	BET (m ² /g)	Reference
Rattan sawdust	H ₃ PO ₄	1151	Adebisi <i>et al.</i> , 2017
Posidonia oceánica	H ₃ PO ₄	946	Ncibi <i>et al.</i> , 2014
Peach stones	H ₃ PO ₄	1225	Maia <i>et al.</i> , 2010
Olive stones	H ₃ PO ₄	990	Garcia-Mateos <i>et al.</i> , 2015
Chinese fir	H ₃ PO ₄	2518	Zuo <i>et al.</i> , 2010
Phoenix dactylifera L	H ₃ PO ₄	1225	Danish <i>et al.</i> , 2014
Chinese fir	H ₃ PO ₄	1910	Zuo <i>et al.</i> , 2009
Prosopis ruscifolia	H ₃ PO ₄	1638	Nabarlatz <i>et al.</i> , 2012
Starch-rich banana	H ₃ PO ₄	2068	Romero-Anaya <i>et al.</i> , 2011
Waste tea	H ₃ PO ₄	1398	Gokce and Aktas, 2014
Apricot and Peach stones	H ₃ PO ₄	1740	Deng <i>et al.</i> , 2014
Olive stones	H ₃ PO ₄	1014	Doke and Khan, 2017
Orange	H ₃ PO ₄	1056	Guerrero-Perez <i>et al.</i> , 2011
Stem of date palm	H ₃ PO ₄	1100	Jibril <i>et al.</i> , 2008
Hemp	H ₃ PO ₄	1200	Williams and Reed, 2004
Chestnut	H ₃ PO ₄	783	Gomez-Serrano <i>et al.</i> , 2005
Apple pulp	H ₃ PO ₄	1004	Suarez-Garcia <i>et al.</i> , 2002
Date stones	H ₃ PO ₄	1100	Hazourli <i>et al.</i> , 2009
Pinus sylvestris	H ₃ PO ₄	1093	Alvarez <i>et al.</i> , 2007
Coffee	H ₃ PO ₄	696	Tehrani <i>et al.</i> , 2015
Peanut shells	H ₃ PO ₄	751	Gueye <i>et al.</i> , 2014
Corncoobs	H ₃ PO ₄	960	Ahmed and Theydan, 2014
E. camaldulensis Dehn	H ₃ PO ₄	1239	Patnukao <i>et al.</i> , 2008
S. alterniflora	H ₃ PO ₄	687	Li and Wang, 2009
Nut shells	H ₃ PO ₄	1557	Tajar <i>et al.</i> , 2009
Olive fruit stone	H ₃ PO ₄	1565	Obregon-Valencia <i>et al.</i> , 2014
Sky fruit husk	H ₃ PO ₄	1211	Njoku <i>et al.</i> , 2014

4.2. Effect of activating time

One of the factors influencing the preparation of nanoporous carbon is the activation time. The total pore volume and mesopore volume formed during the activation process increase with increasing activation time, with the effect being more pronounced at low activation temperatures. These regularities are attributed to the fact that as activation time increases, the pores expand due to the burnout of carbon from the pore walls up to the

burning of the barriers between the pores, resulting in a shift in pore size distribution from micropore to mesopore or even macropores (Memetova *et al.*, 2020a). It is well known that as the activation time increases, the productivity of the nanoporous carbon material surface area decreases, which is associated with pore sintering. As a result, the activation time is critical because it has a negative impact on carbon material during longer activation (Bagheri and Abedi, 2009). Romero-Anaya and Co. conducted research on the effect of activation time.

The study concluded that a longer activation time improves the morphology of carbon pores. However, when using H_3PO_4 activation, they were able to produce nanoporous carbon with micropore volumes of up to $0.76 \text{ cm}^3/\text{g}$ and surface areas of $2100 \text{ m}^2/\text{g}$ (Romero-Anaya *et al.*, 2011). Saygili and Güzel (2016) produced nanoporous carbon by considering the influence of activating time on the properties of carbon materials. They observed an increase in the total pore volume and specific surface area of $0.5 \text{ cm}^3/\text{g}$ and $1093 \text{ m}^2/\text{g}$, respectively, when increasing the activating time from 0.5–1 h. In contrast, with a long activation time, such as 4 h, the surface area decreases, which could be due to pore sintering. In general, it is observed that the activation temperature is more important than the activation time, and thus it should be understood that longer activation times at high temperatures result in a degradation of the target carbon-based materials' characteristics (Theydan and Ahmed, 2012; Alhamed, 2006).

4.3. Effect of activating agent

In recent years, various activating agents have been used based on the activation mechanism. These activating agents are regarded as alkaline, acidic, or neutral. Different carbon precursors cause these agents to react differently, resulting in different activation mechanisms. One of the oldest and most widely used chemical activation methods are both acid and alkali activation (Narvekar *et al.*, 2021; Wang *et al.*, 2020; Islam *et al.*, 2017; Ozpinar *et al.*, 2022). Xi *et al.* (2018) investigated the mechanisms of activating agents' effects on the degree of graphitization pore structure and surface area using KOH, K_2CO_3 , $K_2C_2O_4$, and K_3PO_4 . At 500°C , the degree of graphitization and porous structure of the carbon precursor using K_3PO_4 and $K_2C_2O_4$ were poorly developed, resulting in a weak reaction. On the other hand, using KOH and K_2CO_3 activation temperatures above 800°C contributed to a high degree of graphitization and extensive pore development. The most commonly used activating agent to activate various precursors is phosphoric acid, which can promote the formation of nanoporous carbon at low temperatures by accelerating the pyrolytic decomposition of the starting material and the formation of a cross-linked structure (Shi *et al.*, 2019). Among all acidic activating agents, H_3PO_4 appears to be the most effective for obtaining materials with micropore - mesopore porosity. This is confirmed by Cao and Co. They produced a well-developed porous structure with favorable micropore volume $0.53 \text{ cm}^3/\text{g}$, mesopore volume $0.66 \text{ cm}^3/\text{g}$, and specific surface area of $1547 \text{ m}^2/\text{g}$ by synthesizing a nanoporous carbon material from pine sawdust using (600°C / 2:1 H_3PO_4) activating parameters (Cao *et al.*, 2018). Using H_3PO_4 as an activating agent in the preparation of porous materials allows for significant specific surface area and porosity values. Villota *et*

al. (2019), for example, investigated the H_3PO_4 activation of cocoa husk waste at 450°C and found a specific surface area of $1139 \text{ m}^2/\text{g}$ and a total pore volume of $1.062 \text{ cm}^3/\text{g}$ (Villota *et al.*, 2019).

4.4. Effect of washing

Washing is necessary for the chemical activation of nanoporous carbon. Since this activating agent's chemical compounds remain in the carbon after activation, and in order to improve the porous structure, the spaces occupied must be cleaned through washing (Sych *et al.*, 2012). Acid, alkali, or water depending on the activating agent were used to wash the nanoporous carbon. Acid-treated nanoporous carbon has since been found to be more hydrophilic and thermally active. Jacob *et al.* (2018) washed the nanoporous carbon with nitric and hydrofluoric acid, increasing the mesopore volume fraction to 56% and the specific surface area from 2458 to $2970 \text{ m}^2/\text{g}$.

4.5. Effect of impregnating ratio

The weight ratio of the activating agent to the precursor is known as the impregnation ratio. It was classified as one of the most important factors, along with carbonization, in the activation procedure that produces pores (Yahya *et al.*, 2018). Uner and Bayrak, investigated the effect of impregnation ratio on the properties of Arundo donax nanoporous carbon. The impregnated ratios range from 0.5 to 1.5, and the raw materials were carbonized for 60 minutes at 400°C . The nanoporous carbon with the highest surface area of $1781 \text{ m}^2/\text{g}$ was produced by using an impregnation ratio of 1.5 and a carbonization temperature of 400°C (Uner and Bayrak, 2018).

The effect of H_3PO_4 - Precursor impregnation ratio 3, 4, and 5 and activation temperature 300, 400, and 500°C on the yield of mangrove-based nanoporous carbon was reported by Zakaria and Co. The results showed a gradual decrease in nanoporous carbon yield from 45 to 41% as the impregnation ratio was increased from 3 to 5 (Zakaria *et al.*, 2021). It should be noted that, a decrease in activated carbon yield with increasing impregnation ratio could be due to the reaction between the H_3PO_4 and the char and volatile matter during the activation process. However, Zhang and Co-researchers, on the other hand, investigate the effect of impregnation ratio using H_3PO_4 on the activation of coconut shell and wood-plastic composite for a catalytic pyrolysis process. The study showed a high H_3PO_4 impregnation ratio increased the dehydration step, resulting in a larger surface area and pore volume. This increase in surface area could be attributed to molecule accumulation on the nanoporous carbon surface as the impregnation ratio increases (Zhang *et al.*, 2020).

5. Modification of Nanoporous carbon derived from palm kernel shell

When carbon-based materials are activated, they form a well-defined porous structure materials. Even though most nanoporous carbons have sufficient adsorption capacity for the treatment of wastewater contaminants, researchers have always been convinced that much more can be accomplished to enhance nanoporous carbon adsorption efficiency. To boost the porosity and surface area of the particles, several methods have been studied which includes incorporation or modification of nanoporous carbon with metal, metal oxides, specific chemical compounds, polymeric materials for specific adsorption (Muhammad *et al.*, 2022; Joseph *et al.*, 2020). This can be achieved by surface modification using physical and chemical modification technology. Acid surface modification techniques is used to change nanoporous carbon surface into highly acidic by inserting carbon-oxygen surface groups. The chemical oxidation treatment is well adopted to enrich oxygen atoms by employing oxidizing gases agent such as O₂, O₃, CO₂, steam, etc, or oxidizing solutions for example HNO₃, H₂SO₄, H₂O₂, etc (Bhatnagar *et al.*, 2013). The presence of nitrogen functional groups, which can bind with protons resonating -electrons of carbon aromatic rings that attracted protons, can explain the basicity of nanoporous carbon. There are two ways to introduce nitrogen- groups on the surface of the nanoporous carbon that includes surface modification with reagents like ammonia, nitric acid, and amines and activation of raw carbon material with a high nitrogen content (Drage *et al.*, 2007).

Many approaches for enhancing the qualities and functions of carbon materials have been developed. Carbon materials ranging from micropores to macropores, have been comprehensively explored, with an emphasis on controlling the precursor, became easier to control the shape/orientation, doping of heteroatom as well as hybridization with other functional materials (Khan *et al.*, 2019). Many nanocarbon compounds, such as nanoporous carbon and templated porous carbons, were synthesized through a different route of carbonization and activation processes through a well control pores structure (Haque *et al.*, 2018). Carbon materials were being synthesized using a variety of templated methods, including direct carbonization from carbon precursors and soft- and hard-templating techniques. Moreover, the electrochemical performance of nanoporous carbon as electrode materials can be improved through the doping of heteroatoms such as nitrogen, sulfur, and boron (Tan *et al.* 2019). Pam *et al.*, (2018) reported the doped EDTA on palm kernel shell for the removal of Pb(II). The study shows the modification of palm kernel shell as

precursor with ethylenediaminetetraacetic acid (EDTA) with higher BET surface area of 1100.7m²/g for the removal of Pb (II) in aqueous solution using batch and column studies. However, Pam (2019) reported a novel method of synthesis of nanoporous carbon material from palm kernel shell using choline – urea deep eutectic solvent. The studies demonstrated good BET surface area of 1413m²/g for the removal of Pb (II) in aqueous solution. Rabia Baby and Co. in two different studies used nanoporous carbon for the treatment of heavy metal in water. Thus, they works on modifying nanoporous carbon from palm kernel shell. The studies shows the modification of nanoporous carbon with nitric acid (HNO₃) and a sulfo (SO₄²⁻) group purposely for the removal of heavy metals from contaminated water respectively (Baby *et al.*, 2021; Baby *et al.*, 2023). Conversely, similar report was reported for chemically modified palm kernel shell for the removal of heavy metals from waste water (Imran – Shaukat *et al.*, 2021; Baby and Hussein, 2020). The adsorption of phenol from palm kernel shell as precursor was reported. The results show the modification of nanoporous carbon with silver nanoparticle with an optimum phenol uptake of 91.70% (Aremu *et al.*, 2020). Similarly, Kyi *et al.*, (2020) reported the removal of crystal violet using palm kernel shell derived biochar from textile waste water. The study shows a good percentage removal and adsorption capacity with increased in pH of the solution which enhances the electrostatic attraction between crystal violet molecules and biochar derived palm kernel shell. Ismaiel *et al.* (2013) works on the modification of nanoporous carbon material from palm kernel shell. The study shows the modification of the precursor palm kernel shell with task – specific ions – liquids as novel adsorbent for the removal of mercury from contaminated water using batch adsorption technique.

Additionally, it was reported by Ipeaiyeda *et al.*, 2020 that a nanoporous carbon from palm kernel shell was modified with ammonium and ammonium acetate with a good surface area in the range of 934 – 1646 m²/g and it was confirmed by FTIR and SEM analysis. However, Oladele *et al.*, 2020 reported a modified palm kernel shell with cassava peel for straitening of epoxycomposites. The study shows a treatment of palm kernel shell and cassava peel as hybrid reinforcement on selected mechanical properties. The results show a good means of enhancing the mechanical properties with less porosity content. Baffour-Awuah *et al.*, 2021 reported a precursor features of palm kernel shell toward polymer mono-composites. The results revealed depending on geographical location of palm kernel shell (lignin, cellulose, and hemicellulose) shows palm kernel shell as a good filler material in polymer composites. Several researchers shows modification of palm kernel shell (nanoporous carbon) with different polymer composites; PKS/ 3-aminopropyl trimethoxysilane

for tensile strength (Daud *et al.*, 2016), PKS/unsaturated polyester (Sahari and Maleque, 2016), PKS/polyvinyl alcohol (Alias *et al.*, 2018), PKS/polylactic acid (Dato'Hasnan *et al.*, 2016).

Nanoporous carbons have also been used as additives to semiconductors e.g., TiO₂/nanoporous carbon, Bi₂WO₆/nanoporous carbon, WO₃/nanoporous carbon and these materials have been greatly applied as photocatalysts (Gomis-Berenguer *et al.*, 2017). Some other modifications of nanoporous carbon materials earlier reported are

citric acid modification (Chen *et al.*, 2003), NH₃ modification (Liu *et al.*, 2008), and liquid-phase oxidation (Song *et al.*, 2010). Novel materials have been reported by utilizing several modification methods together. For example, Gao *et al.*, (2018) prepared porous carbon nanofibers via co-doped with nitrogen and sulfur (N, S-doped). Some reported modified nanoporous carbon materials from different precursor and their applications are given in Table 4.

Table 4 Some modified nanoporous carbon materials reported in different precursor

Modified Nanoporous Carbon Materials	Applications	References
NPC@Nafion	Simultaneous determination of dopamine and uric acid	Baikeli <i>et al.</i> , 2019a
NPC@H ₂ O ₂ & H ₂ SO ₄	Supercapacitor	Song <i>et al.</i> , 2020
NPC@H ₂ O ₂	Oxidation removal of metronidazole	Ariyanto <i>et al.</i> , 2019
NPC@Iron & Nitrogen	Determination of chloramphenicol and metronidazole	Baikeli <i>et al.</i> , 2020
NPC@polyelectrolyte	Removal of aromatic organic acid	Anbia and Salehi 2012
NPC@ doped N and S	Sodium storage	Liu <i>et al.</i> , 2018
NPC@N-doped	Advanced sodium storage	Zhao <i>et al.</i> , 2017
NPC@Nitrogen doped	Voltammetry detection of Pb(II)	Baikeli <i>et al.</i> , 2019b
NPC@Fe ₃ O ₄	Simultaneous determination of diethylstilbestrol and 17β – estradiol	Chen <i>et al.</i> , 2018
NPC@MIP	Sensor for detection of calycosin	Sun <i>et al.</i> , 2019
NPC@amine	Adsorption of CO ₂ & CH ₄	Salehi and Hosseinifard 2021
NPC@polyethylenimine	Adsorption of mercury	Saleh <i>et al.</i> , 2017
NPC@disulfide polymer	Heavy metals removal	Ko <i>et al.</i> , 2018
NPC@polysulfide	Chromium removal	Mortazavian <i>et al.</i> , 2019
NPC@bakers yeast	Magnetic solid phase extraction of Hg	Mahmoud <i>et al.</i> , 2015
NPC@nano-sized α-Fe ₂ O ₃	Enhanced removal of Cr(II)	Li <i>et al.</i> , 2019
NPC@iron oxide catalyst	Degradation of SO ₂	Stanisavljevic <i>et al.</i> , 2019
NPC@ZnFe ₂ O ₄	Microwave absorber	Di <i>et al.</i> , 2021

6. Applications of nanoporous carbon

Nanoporous carbon (eco-friendly, cost-effective, non-toxic) has a high specific surface area, a large pore volume, and a hierarchical porous structure that is suitable for adsorption of organic and inorganic contaminants from aqueous environments (Ouyang *et al.*, 2020; Han *et al.*, 2018b). They had been actively used in the remediation of toxic and harmful pollutants such as heavy metals, dyes, and pesticides (Khan *et al.*, 2021).

6.1. Water purification

Water is the most valuable renewable resource and a serious threat from pollution caused by anthropogenic activities, such as industrialization and rapid urbanization. Based on their chemical composition, water pollutants were classified as inorganic (metal ions) and organic (dye) category (Memetova *et al.*, 2022a). Nanoporous carbon material is widely used in the purification of industrial wastewater and contaminated groundwater due to their remarkable high specific surface area, high

pore volume, and adjustable surface physical and chemical properties (Guo *et al.*, 2019). One of the 2030 sustainable development goals is clean hygienic water, nanoporous carbons are being used in water purification to remove contaminants and pollutants (Wong *et al.*, 2018). Several studies have reported the elimination of different pollutants from water using carbon-base materials. include the removal of heavy metals (Gottipati 2012; Momčilović *et al.*, 2011; Xu *et al.*, 2015; Zhang *et al.*, 2011), caffeine (Lin and Chen 2016), fluorides (Wendimu *et al.*, 2017), herbicides (Sarker *et al.*, 2017), biowastes (Wong *et al.*, 2018). Torad *et al.*, (2014) also demonstrated the use of nanoporous carbon materials in removing a range of pollutants from contaminated water. Fahmi *et al.* (2019) reported a high absorption capacity for the bio-absorbent in removing methylene blue dye from its solution after obtaining nanoporous carbon from low temperature pyrolysis of palm kernel shell. Similar research has reported the use of palm kernel shell-based nanoporous carbon carbon to remove crystal violet from wastewater, with absorption efficiencies of 86.4% crystal violet (Kyi *et al.*, 2020). Moreover,

Hayawin *et al.*, (2020) and Hairuddin *et al.*, (2019) synthesized a bioabsorbent of nanoporous carbon from palm kernel shell for lowering pollutant levels in palm oil mill effluent and removing up to 93.39% of phenol from wastewater respectively. Table 5 summarised some of the reported NC from PKS that was used in water treatment.

6.2. Heavy metals removal

Nanoporous carbon is one of the most universal adsorbents for the remediation of noxious metal impurities, because of its high surface area, porous texture, and surface chemistry explain the common applications in adsorption of heavy metal ions: mercury Hg (II), chromium Cr (III) and Cr (IV), cadmium Cd (II), nickel (Ni), zinc (Zn), copper (Cu), manganese (Mn), arsenic As (V), and lead Pb (II) (Ahmad and Azam, 2019; Chuah *et al.*, 2005; Khosravi *et al.*, 2018). Metal ions from corrosion of pipes, soldered joints, and plumbing materials pollute aquatic habitats are regularly found in contaminated streams, where these metal ions are known to cause health issues (Zhou *et al.*, 2020), prompting researchers to investigate techniques to manage their concentration in water, even in tiny amounts (Guo *et al.*, 2019).

Table 5: Examples of nanoporous carbon materials derived from palm kernel shell used in water treatment reported in literature

Reference	Pollutant	% Removal/Adsorption (mg/g)
Katibi <i>et al.</i> , 2021	Bisphenol	94.2%
Yi <i>et al.</i> , 2014	Uranium	51.81 mg/g
Zaini <i>et al.</i> , 2017	Methyl violet dye	42 mg/g
Adlim <i>et al.</i> , 2021	Ammonia vapor odour	1 – 4 mg/g
Hamad <i>et al.</i> , 2010	4-chloroguaiacol removal	454.4 mg/g
Tan <i>et al.</i> , 2009	2,4,6-trichlorophenol	9.04
Panneerselvam <i>et al.</i> , 2012	Rhodamine B Dye	625 mg/g
Anisuzzaman <i>et al.</i> , 2021	Methylene Blue	97.63%
Hasana <i>et al.</i> , 2021	Methylene Blue	98.5%
Jawing <i>et al.</i> ,	Methylene	99%

2021	Blue	
Yeboah, 2021	Methylene Blue	417 mg/g
Muhammad Razi <i>et al.</i> , 2018	Greywater	56.44% COD
Garcia <i>et al.</i> , 2018	Dye removal	225.3 mg/g

Below in Table 6 summarized a few examples of nanoporous carbon derived from palm kernel shell used in the removal of heavy metals.

6.3. Adsorption of gases

Nanoporous carbon has found effective usage in the adsorption of greenhouse gases and other polluted gases in the environment that are produced from burning of fossil fuels (Hossain *et al.*, 2019). Table 7 has summarized some of the application of NC for gas adsorption purpose. According to Ogungbenro *et al.*, (2017), nanoporous carbon is a promising solid adsorbent that can be used to adsorb CH₄, CO₂, H₂S, H₂ and NO₂ gases due to its numerous advantages such as low cost, high surface area, easy regeneration, insensitivity to moisture, high gas adsorption capacity at normal atmosphere, sufficient pore size distribution, high mechanical stability, and very low energy requirement. The reported mode of adsorption of these pollutant gases is via H-H interactions, dipole-dipole bonds, and covalent bonds between the gas and functional groups on the surface of the nanoporous carbon, resulting in increased efficiency (Reza *et al.*, 2020). The adsorption of these harmful gases by nanoporous carbon is determined by the surface area, micropore structure, and adsorption capability (Sharma *et al.*, 2011; Nasri *et al.*, 2014).

Recently, solid based adsorbents for capturing and storage of CO₂ have attracted recognition. Among the different forms of material used, such as zeolites, metal organic frameworks and amine-doped porous for solid based adsorbents, nanoporous carbons have been chosen as the precursor of choice due to their low cost and easy availability. This is mainly due to their inherent high surface area with the presence of developed microspores and mesopores, their chemical and thermal stability, and their easily tunable chemistry and structure (Volperts *et al.*, 2017).

Table 6: Examples of nanoporous carbon materials derived from palm kernel shell with their heavy metals removal/adsorptions reported in literature

Authors	Heavy metals	pH Range	(%) Removal/Adsorption (mg/g)
Baby <i>et al.</i> , 2023	Cr ⁶⁺ , Cd ²⁺ , Zn ²⁺ , Pb ²⁺	4 – 6	83 – 99%
Baby <i>et al.</i> , 2021			
Baby and Hussein, 2020			
Baby <i>et al.</i> , 2019			
Pam, 2019	Pb ²⁺	4 – 5	43 – 104 mg/g
Pam <i>et al.</i> , 2018			
Yerima <i>et al.</i> , 2021	Pb ²⁺	5 – 7	96%
Lin <i>et al.</i> , 2020	Cr ⁶⁺		39.67 mg/g
Naihi <i>et al.</i> , 2021	Cd ²⁺	6	227 mg/g
Jawing <i>et al.</i> , 2021	Pb ²⁺	4.5 - 7	95 – 98 %
Isokise <i>et al.</i> , 2021	Pb ²⁺	4	222 mg/g
Muhammad <i>et al.</i> , 2011	Cd ²⁺ - Zn ²⁺	5 – 7	53.13 mg/g – 36.83 respectively
Wang <i>et al.</i> , 2009	Hg ²⁺	5.5	800 mg/g
Imran – Shaukat <i>et al.</i> , 2021	Cr ⁶⁺ , Ni ²⁺ , Cu ²⁺	7	42.97%, 96.77% and 99.29% respectively
Asnawi <i>et al.</i> , 2019	Cu ²⁺	3 – 6	12 mg/g
Razavi <i>et al.</i> , 2019	Cr ⁶⁺	2	125 mg/g
Rilyanti and Sari <i>et al.</i> , 2021	Cd ²⁺	6	80%
Abdullah <i>et al.</i> , 2018	Hg ²⁺	Constant pH	97.7%/22.98 mg/g
Isa <i>et al.</i> , 2022	Hg ²⁺	6	70 – 90%
Faisal <i>et al.</i> , 2021	Pb ²⁺		93%
Mansa <i>et al.</i> , 2021	Pb ²⁺		200mg/g
Prabu <i>et al.</i> , 2020	Cd ²⁺	6	425 mg/g

Rashidi and Yusup (2021) reported that nanoporous carbon produced from palm kernel shells by 1 – step activation and a pyrolysis process displayed a remarkable CO₂ adsorption capacity of 2.14 mmol g⁻¹ at 1 MPa and 25 °C. Conversely, Nasri *et al.*, (2014) reported a 2 – step activation with CO₂ adsorption capacity of 1.66 mmol/g. Prasetyo and co – workers reported a CO₂/CH₄ separation/adsorption by nanoporous carbon derived from palm kernel shell via molecular sieves. The finding showed, at 1 atm and 30°C an adsorption capacity of 2 mmol/g and 1.1 mmol/g for CO₂ and CH₄ respectively. However, in their conclusion of research showed that CO₂ can be separated from the mixture of CO₂/CH₄ to a high purity of 95% CH₄ (Prasetyo *et al.*, 2020). Interestingly, similar result was reported by Ariyanto *et al.*, 2020. In the year 2019, and 2023, Rashidi and Yusop using nanoporous carbon derived from palm kernel shell reported an adsorption capacity of CO₂ to the range of 2.13 – 4.32 mmol/g, similar result was presented by Rashidi *et al.* (2021). An impregnated nanoporous carbon from palm kernel shell loaded with metal oxides was reported for CO₂ capture. The authors elucidated that loaded nanoporous carbon help to promote remarkable CO₂ adsorption due to its reaction with the metal oxides (Hidayu and Muda, 2016). Hydrogen is a promising energy carrier that has the potential to ease the transition from fossil fuels to sustainable energy sources while producing no harmful byproducts. Physical adsorption in porous materials opens up the possibility of flexible hydrogen storage. Hydrogen molecules that have been physically adsorbed are weakly bound to a surface and thus easily released.

6.4. Energy storage and supercapacitor

Because of their long cycle life and high-power density, supercapacitors are used in energy storage devices. Carbon-based materials are used as electrode active resources in commercially available supercapacitors due to their remarkable cycle stability, high power density, ease of fabrication, and non-toxicity (Volperts *et al.*, 2015). Recent research has shown that fabricating nanoporous carbon with or without functionalization with various additions improves electrochemical performance compared to non-modified nanoporous carbon (Shao *et al.*, 2020). Nanoporous carbon is now the most extensively used electrode material due to its unique functional groups and high specific surface area. Depared nanoporous carbon materials have demonstrated considerable potential for energy storage applications, despite their chaotic architecture. Thus, these materials should be rapidly researched and scaled up to fulfil their potential usage in electrochemical energy storage devices (Bai *et al.*, 2017; Wang *et al.*, 2017). There are several reviews of carbon-based materials for super capacitors in the literature. However, a study of nanoporous carbon-based functional materials produced from waste resources is urgently required

In 2017, Xu *et al.* reported a nanoporous activated carbon material from palm kernel shell with an average pore size of 2.3 nm and 2760 m² g⁻¹ surface areas. The material was proposed as a potential candidate as electrode material for supercapacitor because it's doped with nitrogen, sulfur and phosphorus that exhibited an excellent electrochemical performance and cycling stability of 380 F g⁻¹. Nasir *et al.*, (2018) reported that good performance was obtained when nanoporous carbon

produced from palm kernel shell acts as electrode materials in super capacitor. The material demonstrated high specific capacitance (up to 434 F g⁻¹ at 0.1 A g⁻¹). Several researchers successfully used nanoporous carbon derived from palm kernel shell for electrochemical storage capacitance (Kaarik *et al.*, 2020; Misnon *et al.*, 2019), and heteroatom – doped nanoporous carbon for lithium – sulfur batteries for energy storage (Han *et al.*, 2020). Zhang and co – workers reported a nanoporous carbon of 2218 m² g⁻¹ surface area with high conductivity and disordered surface morphology. Their finding elucidated an advantageous working super capacitor in an aqueous electrolyte that showcase a specific capacitance of 312 F g⁻¹ at 1 A g⁻¹ (Zhang *et al.*, 2016). In a recent review, Li *et al.*, (2020b) reviewed progress on the synthesis and applications of porous carbon materials and showed their increasing applications in several areas including electrochemistry and hydrogen storage. Sdanghi *et al.*, (2020) successfully applied nanoporous carbon materials for hydrogen storage and compression. The system was proposed to become a valid alternative to mechanical compressors from an industrial point of view.

6.5. Medicine and healthcare

Nanoporous carbon materials have been greatly applied in medicines as drug delivery agents. Desai *et al.*, (2007) extensively discussed nanoporous materials used as implants for controlled drug

Table 7: Examples of nanoporous carbon materials derived from other precursors for gas adsorption reported in literature

Source	Gas	Adsorption capacity	Reference
Olive stones	CH ₄	4.69 mmol/g	Djeridi <i>et al.</i> , 2015
Coconut shell	CO ₂	1.8 mmol/g	Rashidi <i>et al.</i> , 2014
Almond shell	CO ₂	2.7 mmol/g	Gonzalez <i>et al.</i> , 2013
Rice husk	CO ₂	1.3 mmol/g	Boonpoke <i>et al.</i> , 2011
Peanut shell	CO ₂	4.0 mmol/g	Deng <i>et al.</i> , 2015
Bamboo	CO ₂	4.5 mmol/g	Wei <i>et al.</i> , 2012
Palm stone	CO ₂	2.7 mmol/g	Vargas <i>et al.</i> , 2013

Syamsurizal *et al.*, (2019) contrasted the absorption capacity of commercial charcoal to nanoporous carbon from PKS to solve plaque and tooth discoloration. However, Lestari *et al.*, (2019) created a powdered deodorant preparation from nanoporous carbon base pks for sweat absorption. The results of this synthesis revealed that the powder had superior storage stability and sweat absorption from the skin when compared to an ordinary deodorant roll-on.

6.6. Catalyst support

The high cost and susceptibility of traditional catalysts such as Pt and Pd have triggered intense research into the field of non-noble metals catalysts supported on nanoporous carbon. These include compounds of transition metals (Fe, Co, Ni, Mn) such as iron carbide and iron nitride supported on porous carbons that have been used for oxygen

delivery. Also, nanoporous carbon materials with metalorganic frameworks (MOFs) which exhibited very high biocompatibility were prepared and suggested as intracellular drug delivery carriers (Torad *et al.*, 2014b). Heong and Co works on nanoporous carbon derived palm kernel shell for urea removal during dialysis treatment. They reported a poor uremic toxin clearance causes toxic waste to build up in the bodies of patients, leading to cardiovascular disease and death. To improve urea removal efficiency and regenerate the dialysate, nanoporous materials with superior pore properties and adsorption capacity could be introduced to the hemodialysis system (Ooi *et al.*, 2019). The ability of nanoporous carbon derived palm kernel shell (PKS) to remove pharmaceutically active compounds Atenolol (ATE), Acebutolol (ACE), and Carbamazepine (CBM) was reported with the maximal adsorption capabilities of ATE, ACE, and CBM were 0.69, 0.67, and 0.72 mmol/g, respectively (To *et al.*, 2017). Conversely, Yi *et al.* reported the removal of uranium (threat to human health resulting in serious lung, kidney, and liver damages, cancer, leukemia, genetic aberrations, and even death) using nanoporous carbon derived pks with adsorption capacity of 51.81 mg/g (Yi *et al.*, 2014). Recently, Yallappa *et al.*, (2018) reported nanoporous carbon from oil palm leaves as a good candidate for cellular imaging and targeted drug delivery in cancer treatment.

reduction reactions (ORR) (Ren *et al.*, 2016b; Yang *et al.*, 2015). Also, metal-free catalysts (doped with B, N, P, S, Cl, I, *etc.*) supported on nanoporous carbon have been applied for such ORR reactions (Sun *et al.*, 2013). Abdullah *et al.* created a highly effective bifunctional catalyst from palm kernel shell by hydrothermal – assisted carbonization for biodiesel production. These nanoporous carbon were tested for its suitability for simultaneous esterification and transesterification processes that produces 95.36 ± 1.4% of biodiesel and undergoes five subsequent reaction cycles (Abdullah *et al.*, 2021). Liew *et al.* synthesize nanoporous carbon catalyst support from palm kernel shell via microwave vacuum pyrolysis. This study extended the nickel on the nanoporous carbon material and tested for their performance in the methane dry reforming reaction. The catalysts had a high methane conversion rate (up to 43%) and produced about 22 percent gaseous products CO + H₂ (Liew *et al.*, 2018). These findings indicate that

nanoporous carbon derived from palm kernel shell microwave pyrolysis is a viable catalytic support material. Sulfonated carbon catalysts were generated from palm kernel shell biomass via direct, chemical, and template carbonization processes at 400 and 800 °C in a CO₂ environment respectively for glycerol acetylation evaluation. Their finding showed a higher selectivity to triacetin (58.9%) with over 97% glycerol conversion template method with s 5.8 and 32.2% monoacetin and diacetin selectivity respectively (Nda - Umar *et al.*, 2020). The catalyst's catalytic activity was attributable to the synergistic effect of good physicochemical qualities, such as textural properties and a high acidic content. Furthermore, Abdullah *et al.*, (2020) used nanoporous carbon from PKS as transesterification-esterification nanocatalysts for the conversion of waste cooking oil to biodiesel. Accordingly, Quah *et al.*, (2020) used the same material biochar infused with Fe₃O₄ to create a magnetic and sulfonated catalyst for biodiesel transesterification from used cooking oil. Another study used fluidized bed catalytic pyrolysis of PKS, implying massive oil potential for biodiesel and petrochemical refinery (Kim *et al.*, 2014).

7. Conclusion and future direction

The field of preparing functional nanoporous carbon materials is fast and widely evolving. Literature has revealed that today, nanoporous carbon materials can be prepared cheaply from a range of carbon-rich biowaste materials, such as shells, roots, husks, sawdust, stall, etc. These materials can be modified to give materials with properties for targeted applications in environmental remediation and water treatment, adsorption of gases, solar cells, energy storage and in medicine. Nowadays, great challenges of water, environment, health and energy avails and this review should provide a basis for exploring more sources, derivatization of nanoporous carbons for meeting these challenges.

Conflict of interest

The authors declare no conflict of interest.

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